

A SACRED JOURNEY TO FREEDOM
SWAMI ADHYATMANANDA

Swami Adhyatmanandaji Maharaj, a great yogacharya, has conducted around 700 Yoga classes in India and abroad for armies, universities and private sector companies. Coming from a great lineage of Holy Master Sri Swami Sivanandaji Maharaj, Sri Swami Adhyatmanandaji Maharaj is the Spiritual head of the Sivananda Ashram, Ahmedabad.

FRI JULY 17 from 5:45pm - 8:30pm

Community Dinner & Satsang

We will be celebrating his presence and the traditional teachings of Yoga by holding an event to benefit Swamiji's Ashram in India.

The evening includes a vegetarian, non-GMO, gluten free dinner at 6pm followed by Satsang (satsang: a discourse on the Divine Wisdom of Yoga)

FRI JULY 17 - July 22

6-DAY SATSANG

Swami-ji will speak to us about the wisdom contained in the Bhagavad Gita and Patanjali's Yoga Sutra. This program is part of our 200 hour Yoga Teacher Training and is a must for anyone seeking meaningful answers and a purposeful path to peace. You should join in and experience the bliss of Satsang. Space is limited so please register early. There will be 3 one-hour sessions per day (9:30am, 1:30pm, 7:45pm). Program may be done in residency. Daily meal plans are available during the program.

FRI JULY 22 ~ 5:45pm - 8:30pm

Community Dinner & Satsang

Join us for Swamiji's final evening with us before he sets off for the next stop on his journey. Dinner at 6pm followed by Satsang

Contact us for details 484-509-5073

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