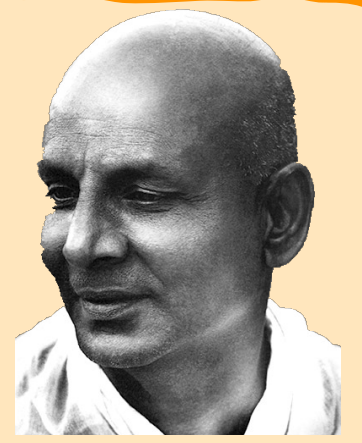


H.H. Swami Chidananda
Eternal President
The Divine Life Society

Birth Centenary Celebration of H.H. Swami Chidananda

1916-2016



H.H. Swami Sivananda
Founder President
The Divine Life Society

Spiritual Journey with **Swami Adhyatmananda**

When?	What?	Where?
July 14, 2016 Thursday 6:30 PM - 8:30 PM	Avoid Stress Through Yoga* <i>Practical tips to use Yoga for reducing Mental and Physical Stress, and increasing Concentration and Memory.</i>	Sanatan Shiv Shakti Mandir 6640 Harwin Drive, Houston, TX 77036
July 15, 2016 Friday 7:30 PM - 9:00 PM	Apostles of Peace - Swami Chidananda & Swami Chinmayanada <i>Life and Teachings of Brother Monks</i>	Chinmaya Mission Houston 10353 Synott Rd, Sugar Land, TX 77498
July 16, 2016 Saturday 6:30 PM - 8:30 PM	Gita Navanitam* <i>Discourse on 16th chapter of Srimad Bhagavad Gita. A master piece and a practical guide to enrich life by cultivating virtues and eradicating vices. It is a way of living teachings of Gita in daily life.</i>	Sanatan Shiv Shakti Mandir 6640 Harwin Drive, Houston, TX 77036

**Thursday and Saturday discourses in Sanatan Shiv Shakti Mandir will be followed by Prasadam.*

About H.H. Swami Adhyatmananda:

Swami Adhyatmananda ("Swamiji") is head of Sivananda Ashram, Ahmedabad, India and a Yoga Guru of global repute. He has embraced service to the humanity above the self through imparting the knowledge of ancient cultural and spiritual heritage of Yogic Science encompassing Asanas; Pranayama and Meditation. So far Swamiji has conducted over 780 Yoga camps of 10 days duration across the globe. Swamiji renders talks on various subjects on All India Radio over the past six decades. His Yoga lessons and interviews telecast across various TV channels. Swamiji represented India for World Peace conference at Chiapas, New Mexico in 1999. He is a recipient of Life Time Achievement Award from India Canada Cultural and Heritage Association Inc. at Winnipeg, Canada 2005. Also he has been awarded as "Ambassador of Peace" by Universal Peace Foundation in 2008. He organized first vegetarian conference at Beijing, China in 2009.

Please contact for the details on Yoga Classes and Satsangs

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