



Anoopam Mission



Shree Swaminarayan Spiritual and Cultural Centre

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Yoga, Pranayama & Meditation Camp

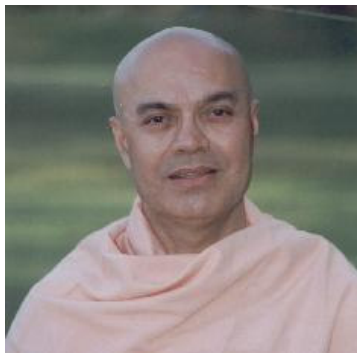
September 26 to October 3, 2004

By

H. H. Sri Swami Adhyatmananda

Disciple of H. H. Sri Swami Chidanandaji Maharaj

*We welcome you all to a spiritual retreat at Anoopam Mission with
Sri Swami Adhyatmanandaji Maharaj*



Sri Swami Adhyatmanandaji is a dynamic monk, the president of Sivananda Ashram, Ahmedabad- India and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. He has a multifaceted, magnetic and versatile personality and is a magnificent orator, a melodious singer and an erudite scholar. He utilizes each moment of his life to maximum for the good of maximum people. He has done immense good to the spiritual seekers all over the world. He has conducted more than 600 Yoga, Pranayama and Meditation Camps all over the world and upon His previous visits to the U.S, has inspired a number of people to seek higher goal through Spirituality and selfless service.

Date	Time	Subject
Sept 27 – Oct 3, 2004 Sunday – Sunday	6.00 AM to 7.30 AM	Yoga, Pranayama & Meditation
Sept 26 - Oct 2, 2004 Sunday– Saturday	7.30 PM to 9.00 PM	Daily discourses by Sri Swami Adhyatmananda

Instructions for Yoga:

- Children under 6 years of age should not attend.
- Bring Exercise Mat or Blanket.
- Wear appropriate loose clothing.
- Observe silence
- Suggested donation \$100 for the program

For further inquiries, please contact: Anoopam Mission- (610) 502-1100

Website: <http://www.divyajivan.org>

For out of town guests, near by motel accommodation is available