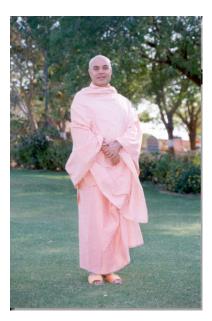
YOGASAN SHIBIR AND DISCOURSES

13th September to 20TH September 2004



H.H. Swami Adhyatmanandaji Maharaj

President of Sivananda Ashram, Ahmedabad, India, a disciple of most Revered, Beloved and Worshipful **H. H. Sri Swami Chidanandaji Maharaj** President of The Divine Life Socienty, Rhishikesh, India.

He is a magnificent orator, a melodious singer and an erudite scholar. He has conducted more than 600 Yoga, Pranayam and Meditation Camps all over the world and inspired a number of people to seek higher goal through Spirituality and selfless service.

All are cordially invited to attend the following program, please inform your family and friends.

Program at Sanatan Mandir Cultural Centre			
9333 Woodbine Avenue, Markham, Ontario L6C 1T5 Tel: (905) 887-7777			
DATE	TIME	SUBJECT	
September 13 (Monday)	7:00 to 8:15 PM	ShivPuja and Discourse	
September 14 to 20	6:00 to 7:00 AM	Morning Yogasana	
September 19 (Sunday)	11:00 to Noon	Satsang and Discourse	
September 20 (Monday)	7:00 to 8:15 PM	ShivPuja and Discourse	

Program at VaisnoDevi Temple			
Regional Road #25, Oakville, Ontario L6M 4J3 Tel: (905) 825-4202			
DATE	TIME	SUBJECT	
September 14 to 18	6:00 to 7:00 PM	Evening Yogasana	
September 14 to 18	7:15 to 8:15 PM	Satsang and Discourse	
September 19 (Sunday)	5:30 to 7:00 PM	Discourse	
		Question and Answer	

Please contact Kamlesh Dave (416) 444-6013 to invite Swamiji to your home/office.

Learn more about Swamiji at http://divyajivan.org