



Swami Adhyatmananda



The Hindu Temple of Toledo

Toledo is graced by the presence of Swami Adhyatmanandaji from Sivananda Ashram, Ahmedabad, India, who is touring the UK, USA & Canada in Fall 2004.



SCHEDULE OF EVENTS (9/21/04 - 9/25/04)

THE HINDU TEMPLE OF TOLEDO

4336 King Road • Sylvania • OH 43560 • 419-843-4440 • www.toledotemple.org

SCHEDULE FOR YOGA CLASSES: (Instruction in English)

DATE	TIME
Wednesday, 9/22/04	6:00 am to 7:00 am
Thursday, 9/23/04	6:00 am to 7:00 am
Friday, 9/24/04	6:00 am to 7:00 am
Saturday, 9/25/04	7:00 am to 8:30 am

Fees: \$ 35

What to bring: Yoga / exercise mat / Blanket

What to wear: Appropriate exercise clothing allows free movement.

SCHEDULE FOR DISCOURSES(English): Topic: Hanuman Chalisa and Bhakti Yoga

DATE	TIME
Tuesday, 9/21/04	8:00 pm to 9:00 pm
9/22/04 to 9/24/04	7:30 pm to 9:00 pm

Pujya Swamiji is president of Sivananda Ashram, Ahmedabad, India and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. Swamiji has conducted more than 600 Yoga, Pranayama and Meditation camps all over the world. For more information, please visit www.divyajivan.org.

For more Information, contact :

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To Sponsor Bheeksha at your home, contact:

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