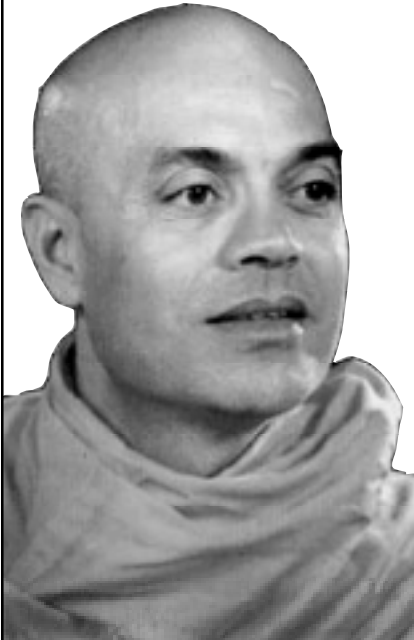


FREE YOGA CLASSES

Conducted by :

Swami Adhyatmananda



Spiritual head and president of Sivananda Ashram, Ahmedabad and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj will be **in Atlanta and conduct yoga camp in two locations one at IACA facility and another in Global Mall between November 4 – 8**. He is a dynamic yogi having a multifaceted, magnetic and versatile personality.

Swamiji has conducted more than 600 Yoga, Pranayama and Meditation camps all over the world including countries like Japan, Mauritius, Germany, Amsterdam, Britain, America and Canada. Avail the swamiji's presence and attend yoga classes held in Atlanta.

Swami's Atlanta program details: Morning Sessions

Day / Date	Time	Place	Contact:
Thursday, Nov. 4, 04	6:30 to 8:00 AM	Classes will be held at : IACA 1281 Cooper Lake Road Smyrna, GA 30088	Dr. Prakash Desai 770-432-1759 (R) 404-502-1513 (Cell) Email:prakashusha@hotmail.com Mustafa Ajmeri 678-463-6613
Friday, Nov. 5, 04	6:30 to 8:00 AM		
Saturday, Nov 6, 04	7:00 to 9:00 AM		
Sunday, Nov. 7, 04	7:00 to 9:00 AM		
Monday, Nov. 8, 04	6:30 to 8:00 AM		

Evening Sessions

Day / Date	Time	Place	Contact:
Thursday, Nov. 4, 04	6:00 to 8:00 PM	Classes will be held at : Impact Conference Center 5675 Jimmy Carter Blvd., (Global Mall) Norcross, GA 30071	Ravi R. Ponangi 678-937-9439 (R) 404-644-7521 (Cell) Email:raviponangi@yahoo.com Mustafa Ajmeri 678-463-6613
Friday, Nov. 5, 04	6:00 to 8:00 PM		
Saturday, Nov 6, 04	4:00 to 6:00 PM		
Sunday, Nov. 7, 04	4:00 to 6:00 PM		

Note for Yoga classes: (1) Swamiji will speak to the participants to clarify doubts during interval of the sessions (2) Though a free event better to register to facilitate the organizers to make arrangements.(3) Wear comfortable clothes (4) Bring blanket / Yoga mat.

Swamiji's other programs: (1) Swamiji will speak at Sri Shakti Mandir of Atlanta on Saturday November 06 from 7:00 to 9:00 PM Location: 1450, Huie Road, Lake City, GA 30260 (2) Swamiji also visit and attend Arati at Sri Swaminarayan temple on Sunday, November 07 at 6:30 PM. Location: Clarkston Indl Blvd, Clarkston, GA 30021