



Anoopam Mission



Brahmajyoti
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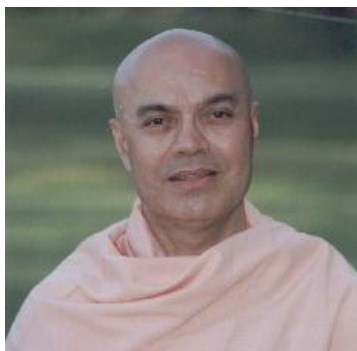
Yoga, Pranayam & Meditation Camp

November 28 to December 5, 2004

Sri Swami Adhyatmananda

Disciple of H. H. Sri Swami Chidanandaji Maharaj

***We welcome you all to a spiritual retreat at Anoopam Mission with
Sri Swami Adhyatmanandaji***



Sri Swami Adhyatmanandaji is a dynamic monk, the president of Sivananda Ashram, Ahmedabad- India and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. He has a multifaceted, magnetic and versatile personality and is a magnificent orator, a melodious singer and an erudite scholar. He utilizes each moment of his life to maximum for the good of maximum people. He has done immense good to the spiritual seekers all over the world. He has conducted more than 600 Yoga, Pranayam and Meditation Camps all over the world and upon His previous visits to the U.S, has inspired a number of people to seek higher goal through Spirituality and selfless service, .

Date	Time	Subject
Nov 28 – Dec 5, 2004 Sunday – Sunday	6.00 AM to 7.30 AM	Yoga, Pranayam & Meditation
Nov 28 - Dec 5, 2004 Sunday– Saturday	7.30 PM to 9.00 PM	Daily discourses by Sri Swami Adhyatmananda

Instructions for Yoga:

- Children under 6 years of age should not attend.
- Bring Exercise Mat or Blanket.

- Wear appropriate loose clothing.
- Observe silence
- Be punctual and observe discipline.

For further inquiries, please contact: Sri Himat Swami – Acharya +44 (0)1895 832 709 Chadramani Tailor - 44-1275-463454

Website: <http://www.divyajivan.org>