

Complimentary Yoga and Meditation Retreat March 13th (6pm - 8:30pm) by

H. H. Sri Swami Adhyatmanandaji



Sri Swami Adhyatmanandaji is the President of Sivananda Ashram, Ahmedabad, INDIA and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. He has a dynamic and versatile personality and is a magnificent orator and a spiritual giant. Swamiji is also a world-renowned teacher of Yoga, Pranayama and Meditation who espouses Spirituality and selfless service. He has conducted more than 500 hundred "Yoga Retreats" all over the world.

We welcome you all to a complimentary yoga retreat with Swami Adhyatmanandaji on March 13th (6pm -8:30pm) at:

Granger Medical Clinic
Conference Room
3725 West 4100 South
West Valley City, UT 84120

Instructions:

- Please wear appropriate loose clothing
- We will begin promptly at 6:30pm
- *Refreshments will be served*

For further inquiries, please call 801-595-5549