

## *Discourses on Gita and Yoga*

We are happy to announce that H.H. Shree Swami Adhyatmanandaji Maharaj will be giving discourses at Greater Cincinnati Hindu Temple. Swamiji is a disciple of H.H. Shree Chidanandaji Maharaj. His excellent discourses, spiritual programs and yoga instructions have much sought after appeal. He has conducted more than five hundred Yoga Camps all over the world. The language will be Hindi/English.

### **Yoga Lectures**

April 17<sup>th</sup>                      Tension in Day to Day Life and Yoga  
7:30 PM – 9:30 PM

April 18<sup>th</sup>                      Gita in Daily Life  
4:00 PM – 6 PM

### **Yoga Instruction**

April 18<sup>th</sup>                      Preliminary Yoga Instructions  
8:00 AM- 9:30 AM

#### **Location:**

Hindu Temple of Greater Cincinnati  
4920 Klatte Road  
Cincinnati, OH 45244

For more information about Swamiji's visit, please call:  
Minaxiben Patel at (513)-860-0952.