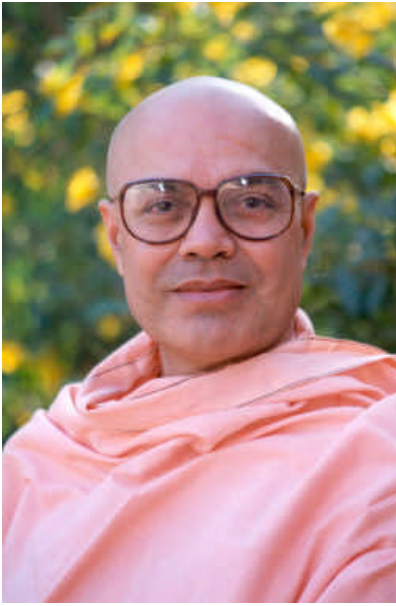


## Programs of H. H. Sri Swami Adhyatmanandaji in Chicago Area



H. H. Sri Swami Adhyatmanandaji Maharaj is President of Sivananda Ashram, Ahmedabad and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. Swamiji has been spreading the message of Holy Master Sri Swami Sivanandaji Maharaj for more than a quarter of a century. His practical approach to spirituality is well expressed through his dynamic and versatile personality. His Gurubhakti is beyond compare. His spiritual discourses and yoga classes have a much sought after appeal. He has conducted more than five hundred Yoga Camps all over the world and upon previous visit to USA; he has inspired a number of people to seek higher goals in life.

Date	Time	Location	Topic	
Saturday, May 3, 2003	6.00 AM – 7.30 AM	Hindu Temple of Greater Chicago (HTGC) <sup>1</sup>	Yoga, Pranayama & Meditation	
	7.45 AM – 8.30 AM	HTGC <sup>1</sup>	Yoga for stress Management	
	9.30 AM – 11.00 AM	“Nartan”- A school of Indian Classical & Folk Dance <sup>2</sup>	Yoga & Pranayama for Dance Performance	
	3.00 PM – 4.00 PM	Spiritual Life Foundation <sup>3</sup>	“Ayushya Homa”- Birthday Celebration of H.H. Sri Swami Adhyatmanandaji Maharaj Talk on Importance of “Satsang”	
	4.00 PM – 5.00 PM			
	5.00 PM – 6.30 PM			
	7.30 PM – 9.30 PM	Hari OM Mandir <sup>4</sup>	“Devi Mahatmya”- Significance of Devi Worship	
Sunday, May 4, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation	
	7.45 AM – 9.00 AM	HTGC <sup>1</sup>	Yoga for peace	
	12.00 PM – 2.00 PM	Hari OM Mandir <sup>4</sup>	Japa Sadhana	
	3.00 PM – 5.00 PM	Sri Anandamayi Maa Satsang Group <sup>9</sup>	Inspiration from Life of Sri Anandmayi Maa	
		6.00 PM – 7.30 PM	Sri Arbindo Center <sup>6</sup>	Awakening the Self

**For Bhiksha and Satsang at home please contact Minal Naik: (630) 530-5950**

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Monday, May 5, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation
	7.30 PM to 9.00 PM	Roselle, ILL	Learning from Ramay-
Tuesday, May 6, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation
	7.00 PM – 9.00 PM	Indian American Cultural Center, Indiana <sup>8</sup>	Yoga, Pranayama & Meditation
Wednesday, May 7, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation
	6.30 PM – 8.30 PM	Gayatri Mandir <sup>7</sup>	Yoga, a Way of Life
Thursday, May 8, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation
	8.00 PM – 9.00 PM	Spiritual Life Foundation <sup>3</sup>	Farewell Satsang & Kirtan
Friday, May 9, 2003	6.00 AM – 7.30 AM	HTGC <sup>1</sup>	Yoga, Pranayama & Meditation

1. Hindu Temple of Greater Chicago  
10915 Lemont Road  
Lemont, IL 60439  
(630) 972-0300
2. "Nartan"- A school of Indian Classical & Folk Dance  
1267 Hamilton Lane  
Naperville, IL 60540-8377  
(630) 369-0734
3. Spiritual Life Foundation  
807 Wildwood Court  
Oak Brook, IL 60523  
(630) 530-5950
4. Hari OM Mandir  
6n020 Medinah Road  
Medinah, IL 60157  
(630) 980-0900
5. Bharatbhai & Hinaben Thakkar  
341 Jennifer Lane  
Roselle, IL 60172  
(630) 307-7775
6. Sri Arbindo Center  
1214 Hancock Street  
Carol Stream, IL 60188  
(630) 871-9813, (630) 933-9212
7. Gayatri Mandir  
2046 W.Devon  
Chicago 60659  
(773)-465-2533, (847) 692-7712
8. Indian American Cultural Center, Indiana  
8605 Merrillville Road  
Merrillville, In 46410  
(219) 322-7268
9. Sri Anandamayi Maa Satsang Group  
525 Pond Gate Drive  
Barrington Hill, IL 60100  
(847) 844-8246

**For Bhiksha and Satsang at home please contact Minal Naik: (630) 530-5950**  
**Please visit the website for more information: <http://www.divyajivan.org/visit2003/>**