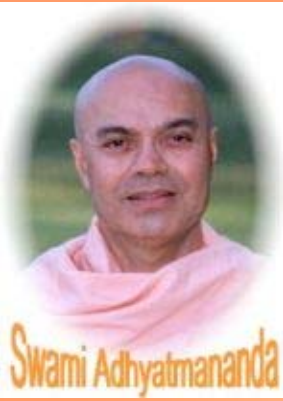
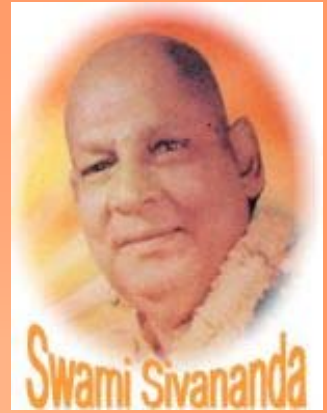


## Programs of H. H. Sri Swami Adhyatmanandaji in Chicago Area



Coming from a great lineage of Holy Master Sri Swami Sivanandaji Maharaj and a disciple of the Most Revered and Worshipful Sri Swami Chidanandaji Maharaj, Sri Swami Adhyatmanandaji will be in Chicago area from Aug 19, 2008 to Aug 24, 2008. Swamiji's Morning Yoga Sessions are organized by HTGC, Hindu Temple of Greater Chicago and evening satsangs are organized at various places. His simple and powerful teaching of Yoga way of living is much appealing to people everywhere, He goes. He is a tireless karma yogi, who utilizes every second of his day in rendering the highest service to Mankind. He has conducted over 690 Yoga, Pranayam & Meditation camps all over the globe. Swamiji has inspired thousands of his devotees to donate blood and He, Himself has donated blood 117 times mainly for the armed forces. Swamiji is a Spiritual head of Sivananda Ashram, Ahmedabad.



### Free Morning Yoga , Pranayama & Meditation Sessions at HTGC<sup>1</sup> from Wednesday, Aug 20<sup>th</sup> to Sunday, Aug 24<sup>th</sup> ( 6.00am to 8.00am)

Dates	Time	Location	Subject
<b>Tuesday, Aug 19, 2008</b>	7.00 pm to 9.00 pm	HTGC	Welcome Satsang
<b>Wednesday Aug 20, 2008</b>	7.30 pm to 9.00 pm	Sri Arbindo center <sup>3</sup>	Bhakti Yoga
<b>Thursday Aug 21, 2008</b>	6.00 pm to 7.30 pm	Sri Jalaram Mandir <sup>4</sup>	Japa Sadhana
	8.00pm– 9.30pm	Swadhyay Parivar <sup>2</sup>	“Gita in Daily Life”
<b>Friday Aug 22, 2008</b>	7.30 pm to 9.00pm	Satsang <sup>5</sup>	Glories of the “Nam Smaran”
<b>Saturday Aug 23, 2008</b>	10.00 am to 11.00 am	Satsang <sup>6</sup>	Yoga, a way of Life
	2.30 pm to 3.30 pm	Satsang <sup>7</sup>	Lord Sri Krishna “Purna Avatara”
	4.30 pm to 6.00 pm	Gayatri Mandir <sup>8</sup>	Glories of the Lord Sri Krishna
	7.00 pm to 8.00 pm	Satsang <sup>9</sup>	“Balkrishna Lila “
	11.00 pm to 12.00 pm	HTGC <sup>1</sup>	“Janmashtami Kirtan”
<b>Sunday Aug 24, 2008</b>	9.30 am to 10.30 am	Gita Study Group <sup>10</sup>	Daily Spiritual Sadhana
	11.45 am to 1.00 pm	Sri Arya Samaj Mandir <sup>11</sup>	Vedant Vichar in Daily Living

1-Hindu Temple of Greater Chicago 10915 Lemont Road Lemont, Il 60439 (630) 972- 0300	7- Home satsang Sangita & Hemant Chandel 8707 Laramie Skokie, IL 60625 (847) 675-4846
2-Swadhyay Parivar Indira & Kiran Shah 1011 Bettie Lane Glenview, IL 60025 (847) 730-6026	8-Gayatri Parivar 6023 N. Northwest Hwy. Chicago IL60631 (773) 467-4878
3- Sri Arbindo Center 1031 N. Kuhn Rd Carol Stream, Il 60188 (630) 871-9813	9-Home Satsang Smt. Jayshree Tajpuria 5255 Morning view Drive Hoffman Estate- Il 60192 (847) 531-5255
4 -Sri Jalaram Mandir 425 Illinois Blvd Hoffman estate, IL 60169	10- Home Satsang Minal Bharat Naik 807 Wildwood Court Oak Brook, IL 60523 (630) 530-5950
5- Home Satsang Dhaval & Devyani Raj 271 John M Boor Drive Gilberts, Il 60136 (847) 858-8135	11- Arya Samaj Mandir 700 Hillview West Chicao (630) 876-0789
6. Home Satsang Snehlata Patel 1443 Bridle Terrace, Addison IL 60101 (630) 250-7276	

### Instructions for the Yoga session attendees

- Bring your exercise mat or blanket
- Wear appropriate loose clothes
- Be punctual and observe discipline
- Observe silence and have prayerful mood.
- Children under six should not attend the class

Please address the Donation Check to,  
**“Divya Jivan Sanskrutik Sangh”**

If you wish to have Swamiji’s Bhiksha and /or home visit, email [divya.tour2006@gmail.com](mailto:divya.tour2006@gmail.com) or phone # 630– 530– 5950 .  
Details related to Swamiji’s other programs are available on website : [http://www.divyajivan.org/divya\\_tour2006/index.htm](http://www.divyajivan.org/divya_tour2006/index.htm)