

# Milaap (Kingston Asian Elders Association)

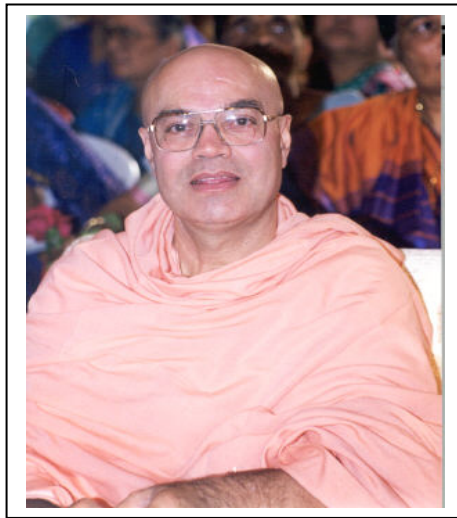
Invites you to a yoga seminar by

## **Swami Adhyatmanandji Maharaj**

On

**Wednesday 6<sup>th</sup> August 2008**

From 11.00 am to 12.30 pm



Sri Swami Adhyatmanandaji Maharaj of the Sivananda Ashram, Ahmedabad, is a yogacharya, having conducted nearly 700 yoga camps in India and abroad for armies, universities and private sector companies. He is a dynamic yogi having a multifaceted, magnetic and versatile personality. He is a spiritual giant who touches the heart of everyone who comes in contact with him. Swamiji naturally radiates peace, love and divinity. People from all walks of life find solace in his holy presence. He is approachable to one and all.

For further information contact the office  
Or phone Jogendra on 020 8395 8028 after 4pm