



YOGASAN SHIBIR AND DISCOURSES

18th June to 24th June 2006

H.H. Swami Adhyatmanandaji Maharaj President of Sivananda Ashram, Ahmedabad, India, a disciple of most Revered, Beloved and Worshipful H. H. Sri Swami Chidanandaji Maharaj President of The Divine Life Society, Rhishikesh, India.

He is a magnificent orator, a melodious singer and an erudite scholar. He has conducted 660 Yoga, Pranayam and Meditation Camps to date, all over the world and inspired a number of people to seek higher goal through Spirituality and selfless service.

All are cordially invited to attend the following program, please inform your family and friends.

Program at Gur Mandir 207 Queens Plate Drive, Toronto, Ontario L6C 1T5 Tel: (905) 564-1809		
DATE	TIME	SUBJECT
June 18 (Sunday)	5:30 to 6:00 PM	Darshan
June 24 (Saturday)	5:00 to 7:30 PM	Guru Mahima, Guru ki Krupa Kaise Prapt Kare, Glory of Guru – In Hindi
Program at Shri Swaminarayan Mandir 61 Claireville Drive, Toronto, ON Canada M9W 5Z7 Tel: (416) 798 2277		
DATE	TIME	SUBJECT
June 19 (Monday)	7:30 to 8:30 PM	Vartman Manav Jivan Ma P.Puja Pramukh Swami Maharaj Nu Vichran – In Gujarati
Program at Shri Ram Mandir 270 Export Blvd, Mississauga, Ontario L5S 1Y9 Tel: (905) 696-8886		
DATE	TIME	SUBJECT
June 20 (Tuesday)	8:00 to 9:30 PM	Secret of Ramayana - 1
June 21 (Wednesday)	7:00 to 8:30 PM	Secret of Ramayana - 2
June 22 (Thursday)	7:00 to 8:30 PM	Secret of Ramayana - 3
June 23 (Friday)	8.00 to 9.30 PM	Secret of Ramayana - 4
Yogasan Shibir at Laxmi Narayan Temple 1 Morning View Trail, Scarborough, ON Canada Tel: 416 284 6282		
DATE	TIME	SUBJECT
June 19 - 24 (Everyday)	6:00 AM to 7:00 AM	Yoga Shibir (Registration Required)
Yogasan Shibir at Sri Radha Krishna Temple 1940 Ellesmere Road, Unit 21 Scarborough ON M1H 2V7 Tel.: 4164313311		
DATE	TIME	SUBJECT
June 19 –23 (Monday – Friday)	8:00 AM to 9:00 AM	Yoga Shibir (Registration Required)
Program at Toronto Reference Library 789 Yonge St., Toronto, ON M4W 2G8 (416) 393-7131		
DATE	TIME	SUBJECT
June 19 (Monday)	4.30 to 6.30 PM	*Spirituality and Science, Bridging the Gap *Meditation: Practice and Theory (with question and answers) *Breath for the Life *Stress Management through Yoga
Program at Toronto Public Library (Albion) 1515 Albion Road, Toronto, ON M9V 1B2		
DATE	TIME	SUBJECT
June 24 (Saturday)	2.30 to 4.30 PM	<ul style="list-style-type: none"> •Meditation: Theory and Practice (with Questions and Answers) •Meditation for Executives in Management •Cultural Heritage of India and it's implication in Modern Education •Culture for Youth, Why Religious Education is Essential
Program at Yee Hong Center Markham 2780 Bur Oak Avenue, Markham, On L6B 1C9 Tel. : 9054713232		
DATE	TIME	SUBJECT
June 24 (Saturday)	10.45 to 11.45 AM	Motivation to Geriatric Patients & Discourse on Gita in Daily Life

Contacts: Kamlesh Dave (North York) 416-444-6013, Ram Gogia (Mississauga) 905-276-6698, Manjari Bhatt (Richmond Hill) 905-889-1555, Mayur Upadhyay (Scarborough) 416-519-0801 to invite Swamiji at your Home/office and for Yoga Shibir Registration. Learn more about Swamiji at <http://www.divyajivan.org/adhyatmananda/index.htm>