

Yoga

Meditation Camp



Date

August 17th & 18th 2009

Time

06:30 am to 07:30 am
and
06:00 pm to 07:30 pm

Venue

The Hindu Temple &
Dr. Raj Pandey Hindu Centre
Dr. Daya Gupta Cultural Hall
999 St Anne's Road
Winnipeg, MB

Cost - Free

Swami Adhyatmanandji is a yogacharya, having conducted more than 600 yoga shibirs (camps) in India and abroad for armies, universities and private sector companies. He is a master organizer, able to work for several days without sleeping. Swamiji can attend to several tasks at one time unlike other worldly people and was described as being astavadhani. He is a strict disciplinarian, prompt, precise and punctual.

He is one of the most sought after speakers in India and abroad. His lectures are a spontaneous outpouring of divine wisdom. His ability to make the esoteric subject of spirituality simple through a perfect blend of humor, melodious singing and down to earth practical approach put him in the class all by himself. Swamiji is well known for his ability to lead kirtans to the highest ecstasy through his melodious voice and supreme devotion.

Swamiji will conduct :

Yoga & meditation from 06:30 am to 07:30am

How to live stress free life from 06:00 pm to 07:30pm

During the day he will meet with individuals and groups willing to seek blessings and teachings.

For more information
please contact,

Mr. Suren Mehta at 261 4722.

Mr. Ketan Joshi at 261 0678.