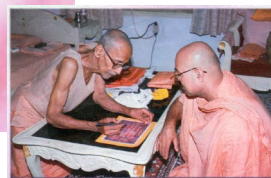
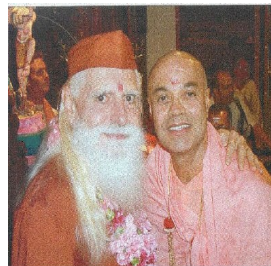
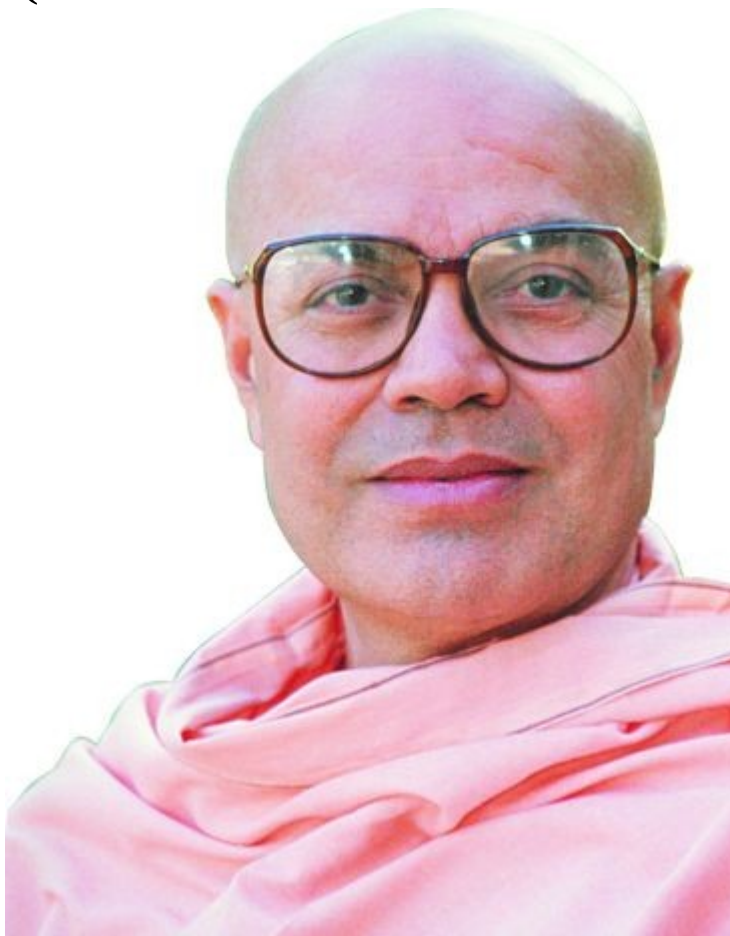


Swami Adhyatmanandaji (Sivananda Ashram Ahmedabad)



He makes the devotees thrilled with Asta Sattwika Vikaras like tears, horripilation, sweat, choking of throat etc, when he joyously sings high-pitch continuous Bhajans. Hundreds and thousands have learnt Yoga from this Yogacharya Swamiji."

(Swami Sivachidananda)

"One day, I was very hungry, I went to his ashram he gave me very good food, I cannot forget it."

(H.H. Dalai Lama)

(Open Invitation)

I am glad to invite you for the 2 hour soul stirring experience with Shri Swami Adyatmanandaji. His discourses on the subjects like Gita, Upanishads, Srimad Bhagavat, etc. in most simple language has touched and inspired millions of listeners in last thirty five years of his monastic life.

Swamiji has conducted 694 Yogasana camps around the globe. Very recently in his celebration of diamond jubilee, having all the love for poor, sick and down-trodden he organized 230 blood donation camps with 69,542 blood donors with 2,08,62,600ml. of blood collected. His great deep love for the ecology made him plant more than 70,000 saplings all around the world.

Though in Iowa City he will be speaking on two very important subjects for today's changing world: **1) Stress Management**
OR 2) Science and Spirituality - How to bridge the gap.

Please contact to confirm your presence.

Venue: (Best Wester, Canterbury Inn) 704 1st Ave, Coralville, IA 52241

(Call): 224 522 8976

Topic: Stress Management OR Science and Spirituality - How to bridge the gap

Time: 7.00 pm – 9.00 pm

Date: **19th June 09**