



SRI GURUDEV

Whiting

June 8th Mon
11 to 12 noon

Perth Amboy

June 9th Tue
11 to 12 noon

Hazlet

June 10th Wed
11 to 12 noon

So. Plainfield

June 12th Fri
11 to 12 noon

Satsang



**SWAMI
ADHYATMANANDAJI
MAHARAJ**

a great yogacharya, Swamiji has conducted over 700 yoga classes in India and abroad for armies universities and private sector companies.

Coming from the great lineage of His Holiness Sri Swami Sivanandaji Maharaj Sri Swami Adhyatmanandaji Maharaj is the Spiritual Head of the Sivananda Ashram Ahmedabad.

CONTACTS: DR. NICK MEHTA 732-244-1080

MS. RIPA THAKKER 732-809-4542

