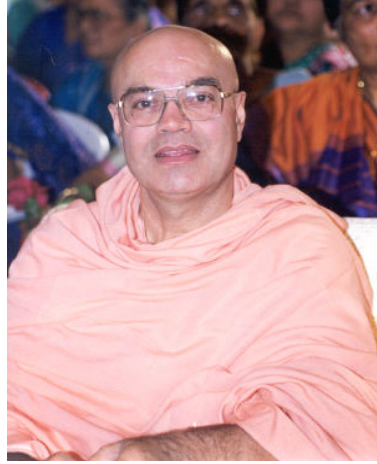


## YOGA & PRAVACHAN



SWAMI ADHYATMANANDJI

Yoga and Pravachan by SWAMI ADHYATMANANDJI of The Divine Life Society will take place as per details below at the Calgary Hindu Mandir in the Multiculture Hall.

Thursday, August 13<sup>th</sup> and Friday August 14<sup>th</sup>: Yoga from 7 AM to 8 AM followed by Pravachan on “Gita in Daily Life” from 8AM to 9:30 AM.

Saturday, August 15<sup>th</sup>: Yoga from 9:30 AM to 10:30 AM.  
10:30 AM to 11:30 AM continuation of Pravachan on “Gita in Daily Life.”

Sunday, August 16<sup>th</sup>: Yoga from 7 AM to 8 AM.  
Pravachan on “Bhakti Yoga” from 12:15 to 12:45 at the Mandir, Main Hall.

SWAMI ADYATMANANDJI is from the Divine Life Society founded by Swami Sivanandji. Swamiji was initiated in the Holy order of Sanyasa in the year 1974 and since then has been continuously spreading the message of sages of the yore and sharing the knowledge of ancient cultural and scientific heritage of ancient India through Yoga, Pranayama, and Meditation. Swamiji has conducted several Yogasana camps around the globe for armies, universities and private sector companies.

Swami Adyatmanandji’s discourses on the subjects like Gita, Upanishads, Srimad Bhagavat, etc. in most simple language has touched and inspired millions of listeners. Swamji is also known for his melodious voice with which he leads kirtans. At present, he is the president of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sangh.

**ALL ARE WELCOME TO PARTICIPATE IN THIS DIVINE EVENT.**

**Contact for this event is Hindu Mandir: 403-291-2551.**

