



BLESSED DIVINITY, WE ARE SHOWERED WITH THE GRACEFUL DIVINE TOUR 2009 OF HIS HOLINESS SWAMI ADHYATMANANDAJI SARASWATI FROM SHIVANANDA ASHRAM, AHMEDABAD, INDIA. SWAMIJI WILL BE AMONG US IN ATLANTA AREAS TO DELIVER LECTURES ON “YOGA A WAY OF LIFE” FROM 24TH JULY 2009 TO 25TH JULY 2009.

Swamiji represents a great lineage of Holy Master Sri Swami Sivanandaji and Gurumaharaj Sri Swami Chidanandaji. Swamiji is a living example of the teaching of Gurudev Swami Sivananda. He is a Yogi, a Vedantin and a devotee all in one. His talks are a spontaneous outpouring of divine wisdom coming from decades of personal experiences of living the spiritual life. His Spiritual Countenance exudes cheers reposing tranquility on the seekers. People from all walks of life find solace in his holy presence. He has conducted more than 725 yoga camps all over the globe. He is author of a number of books on yoga and philosophy. His new release, *Yoga A Way of Life*, is must possess book not only for yoga enthusiasts but also for all.

Internationally acclaimed Yogacharya, H. H. Swami Adhyatmanandaji says: *Yoga is eternal life in the soul or spirit. It transforms a man into divinity. It brings a message of hope to the forlorn, joy to the depressed, strength to the weak and knowledge to the ignorant. Yoga way of life brings happiness of sound mind in sound body. Yogic living implies discriminative living. Yoga is equanimity, equipoise or equilibrium. It is skill in the performance of actions. It is the secret master-key to open the realms of eternal bliss and deep abiding peace.*

PROGRAM DETAILS

7/24/2009 & 7/25/2009 – 6:00PM TO 8:00PM

AT: RAM MANDIR, CARTERSVILLE, GA

CONTACT: JEKISHAN PATEL (706-331-0738)

7/25/2009 – 11:00AM TO 1:00PM

AT: SHIV MANDIR, GLOBAL MALL, SUITE 735

5675 JIMMY CARTER BLVD, NORCROSS, GA 30071

CONTACT: SURINDER DHAR (404-408-3244)