



EXPERIENCE EVENT



*We learn to practice
nonviolence one mindful
moment at a time.*

**Tuesday
Sept 17, 2019 at 10:30am
Albright College
Merner-Pfeiffer-Klein
Memorial Chapel**

Join Swami Adhyatmanandaji for a profound spiritual discussion on living non-violently. These teachings offer insight into the meaning of spirituality; the essence of the Self; the dilemma of harm; the place, practice and purpose of compassion; and the path to resolving suffering.

Living Non-Violently in a Violent World

Sri Swami Adhyatmanandaji Maharaj of the Sivananda Ashram, Ahmedabad, is a beloved disciple of H.H Sri Swami Chidanandaji Maharaj. Lovingly called Swamiji, He is a dynamic being, master Yogi and a spiritual giant who touches the heart of everyone who comes in contact with him. Swamiji naturally radiates peace, love and divinity. People from all walks of life find solace in his holy presence. He is one of the most sought after speakers in India and abroad. His lectures are a spontaneous outpouring of divine wisdom. His ability to make the esoteric subject of spirituality simple through a perfect blend of humor, melodious singing and down to earth practical approach put him in the class all by himself. Learn more about Swamiji at www.divyajivan.org