। ૧૪૫ સ્વામિનારાયણ । ١

Shree Swaminarayan Mandir (ISSO)

Cordially invites you for





શ્રી સ્વામી અધ્યાત્માનંદજી

સાથે

માનસિક શાંતિના સચોટ ઉપાય

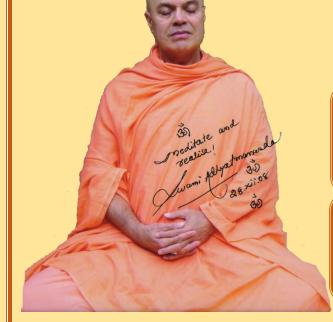
(તણાવમુક્ત જીવન જીવવાની કળા)

ઓક્ટોબર 12, 2019 **§** સાંજે 6 થી 7

યોગ એજ જીવન

(ધ્યાન-પ્રાણાયમ-યોગાસન)

ઓક્ટોબર 13, 2019 **§** સવારે 8 થી 9:30



10080 Synnot Road, Houston, TX 77478

Please take advantage of this free public event with your family and friends.

H.H. Shri Swami Adhyatmanandaji Maharaj is a spiritual legend who touches everyone's heart as he radiates Divinity, Peace, Love & Compassion. Making the most esoteric subjects of spirituality such as Vedanta, Upanishad, Geeta, simple through a perfect blend of humor, melodious singing and easy to understand practical guidance, Swami Ji has inspired millions of devotees in his monastic life of 45 years. He has made an enormous difference in the lives of youth by inspiring them to attain success, leave addiction and learn true values. He is the President of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sanskrutik Sangh.

- Swamiji conducted over **1000 Yoga Camps** all over the world.
- He is a Centurion Blood Donor and has also organized 230 Blood Donation Camps
- His love for mother earth made him plant more than 10 million saplings around the globe.
- He represented India for World Peace conference at Chiapas, New Mexico in 1999.
- Universal Peace Foundation has awarded him as the <u>"Ambassador of Peace"</u> in 2008.
- He organized first vegetarian conference at Beijing, China in 2009.
- He is a recipient of <u>"Life Time Achievement Award"</u> from India Canada Cultural and Heritage Association Inc. at Winnipeg, Canada 2005,
- Institute Of Science And Technology has awarded him "Gem Of India" in August 2016.
- Hon. Governor of Gujarat Mr. Omprakash Kohli presented him the title of "Glory of Gujarat" in 2017 on behalf of Indian Council Of Social Welfare (ICSW)
- Gujarat Public Affairs Council of Canada (GPAC) and Gujarat Samaj (USA) presented swamiji title of <u>"Gujarat Ratna Gaurav"</u> on May 1, 2019 Gujarat Divas at the event organized in Ahmedabad.

Contact Shri Govindbhai (713-391-7955) or Shri Praful Gandhi (832-206-9403)

For Swamiji's other programs in Houston and USA, contact Divaker Trivedi (501-902-8509) or Dhaval Trivedi (501-258-6105)