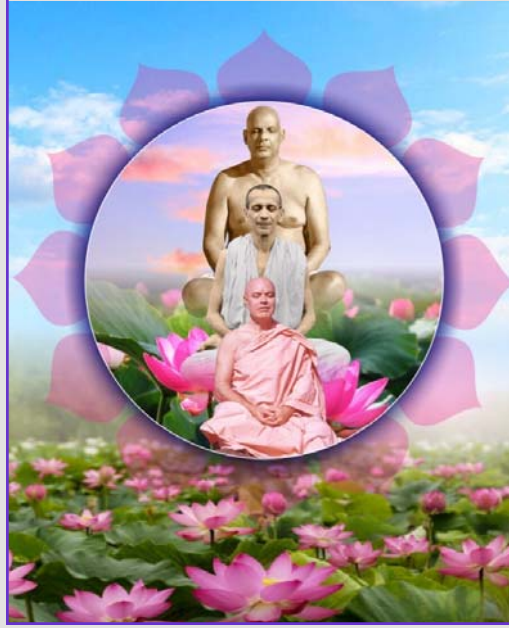


Programs of H. H. Sri Swami Adhyatmanandaji in Chicago Area

At the Holy Feet of my Gurudev ; "Light of my life & Life of my life", says Pujya Sri Swami Adhyatmanandaji Maharaj. Yes, this is a verbatim truth, Guru Smarana is unbroken in HIS heart. We observe that Pujya Swamiji incessantly feels the presence of Guru Maharaj. His devotion to Gurudev Sri Swami Sivanandaji Maharaj & Gurumaharaj Sri Swami Chidanandaji Maharaj is unparallel. Jai Ho! Glories to Gurudev !

Swamiji is dynamic yogi with multifaceted, magnetic and versatile personality. He radiates Divinity.



Swamiji is a tireless karma yogi, who utilizes every second of his day in rendering the highest service to Mankind. He has conducted over 790 Yoga, Pranayam & Meditation camps all over the globe and he has trained more than 1000 yoga teachers. Swamiji has inspired thousands of his devotees to donate blood.

Chicago Devotees group welcomes Pujya Swamiji Maharaj wholeheartedly and ever ready to receive Him.

Swamiji is a Spiritual head of Sivananda Ashram, Ahmedabad, Gujarat, India.

Swamiji's Chicago program dates are Sept 10, 2019 to Sept 14, 2019. Morning Yoga Retreat is organized by Hindu Temple of Greater Chicago and evening satsang are coordinated at various spiritual organizations. Please attend and be benefited !

Dates	Time	Location	Subject
Tuesday Sept 10, 2019	6.30 pm - 8.30 pm	Gita Study Group	Patanjali Yoga Sutras
Wednesday Sept 11, 2019	6.30 am - 8.00am	Hindu Temple of Greater Chicago (HTGC)	Yoga, Meditation and Pranayam
	6.00 pm - 8.00 pm	Bharatiya Temple of NWI	Stress Management through Yoga
Thursday Sept 12, 2019	6.30 am - 8.00 am	Hindu Temple of Greater Chicago (HTGC)	Yoga, Meditation and Pranayam
	11.30 am - 1.30 pm	Satsang Group	Awakening the Self
	6.00 pm - 7.30 pm	Swadhyay Group	Love & Devotion for the Peace
Friday Sept 13, 2019	6.30 am - 8.00 am	Hindu Temple of Greater Chicago (HTGC)	Yoga, Meditation and Pranayam
	11.30 am - 1.30 pm	Sri Arbindo Devotee Group	Guru Mahima
	7-30 pm - 8.30 pm	Gayatri Parivar	Meditation
Saturday Sept 14, 2019	8.30 am - 10.30 am	Hindu Temple of Greater Chicago (HTGC)	Yoga, Meditation and Pranayam
	1.00 pm - 3.00 pm	Satsang Group	Gita, in Daily Life
	5.00 pm - 7.30 pm	Satsang Group	Bhakti Yoga