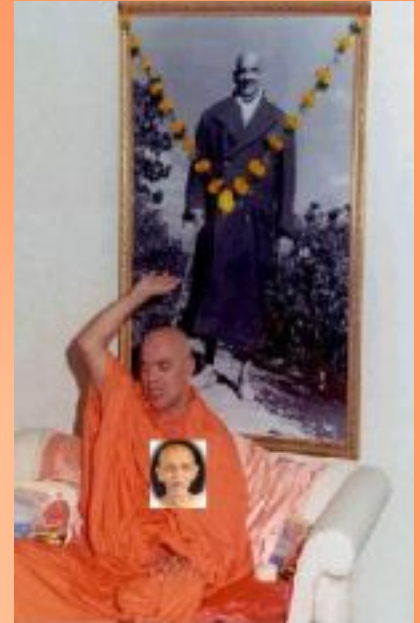


# Programs of H. H. Sri Swami Adhyatmanandaji in Chicago Area

At the Holy Feet of my Gurudev ; "Light of my life & Life of my life", says Pujya Sri Swami Adhyatmanandaji Maharaj. Yes, this is a verbatim truth, Guru Smarana is unbroken in HIS heart. We observe that Pujya Swamiji incessantly feels the presence of Guru Maharaj. His devotion to Gurudev Sri Swami Sivanandaji Maharaj & Gurumaharaj Sri Swami Chidanandaji Maharaj is unparalleled. Jai Ho! Glories to Gurudev !

Chicago Devotees group welcomes Pujya Swamiji Maharaj wholeheartedly and ever ready to receive Him. Pujya Swamiji needs no introduction to Chicago Devotees. Swamiji is dynamic yogi with multifaceted, magnetic and versatile personality. His simple and powerful teaching of Yoga way of living is much appealing to people everywhere. He is a tireless karma yogi, who utilizes every second of his day in rendering the highest service to Mankind. He has conducted over 780 Yoga, Pranayam & Meditation camps all over the globe and he has trained more than 1000 yoga teachers. Swamiji has inspired thousands of his devotees to donate blood. Swamiji has authored many books on Yoga & Spiritual life. Pujya Swamiji is a Spiritual head of Sivananda Ashram, Ahmedabad, Gujarat, India.



Swamiji's Chicago program dates are Aug 2, 2017 to Aug 6, 2017. Morning Yoga Retreat is organized by Hindu Temple of Greater Chicago (Free) and evening satsang are coordinated at various spiritual organizations. Please attend and be benefited.

Dates	Time	Location	Subject
Wednesday Aug 2, 2017	6.30 pm - 8.30 pm	Gayatri Parivar <sup>2</sup>	Guided Meditation
Thursday Aug 3, 2017	6.30 am - 8.00 am	HTGC <sup>1</sup>	Yoga, Meditation and Pranayam
	7.00 pm - 8.30 pm	Swadhyaya Group <sup>3</sup>	Gita in daily Life
Friday Aug 4, 2017	6.30 am - 8.00 am	HTGC <sup>1</sup>	Yoga, Meditation and Pranayam
	4.30 pm - 6.30 pm	Satsang <sup>4</sup>	Japa Yoga
	7.30 pm - 9.00pm	Yogi Divine Society <sup>8</sup>	Way to Bliss
Saturday Aug, 5 2017	6.30 am - 8.00 am	HTGC <sup>1</sup>	Yoga, Meditation and Pranayam
	10.00 am -12.00 pm	Universal Spirit Yoga <sup>5</sup>	Yoga, a way of Living
	12. 30 pm - 2 .00 pm	Satsang <sup>6</sup>	Glories of Vishnu Sahshranama
	5.00 pm - 7.00 pm	Arbindo Center <sup>7</sup>	Guru Bhakti Yoga
Sunday Aug 6, 2017	6.30 am -8.00 am	HTGC <sup>1</sup>	Yoga, Meditation and Pranayam
Tuesday Aug 8, 2017	7.00 pm – 8.30 pm	Satsang	Inward transformation

1.Hindu Temple of Greater Chicago 10915 Lemont Road Lemont, Il 60439 (630) 972- 0300	2. Gayatri Parivar Bhagini Kusumben Patel 8507 W. Clara Drive Niles, Il 60714 (847) 692-7712
3.Indiraben & Kiranbhai 1011 Bettie Lane Glenview, IL 60025 (847) 730-6026	4. Hetal & Ankit Shukla 1604 Westminster Dr Naperville IL 60563 (847) 754-0347
5. Smt. Poonam Gupta Universal Spirit Yoga 408 West 5th Ave. Naperville, IL 60563 universalspityoga.com yogajyoti.net	6. Hema Gajiwala 2030 Saint Regis Drive Apt. 311 Lombard, IL 60148 Phone: (708) 544 6061
7. Sri Arbindo Satsang group Smt.Jayshree & Sri Ramesh Pandya 1031 N. Kuhn Rd Carol Stream, Il 60188 (630) 871-9813	8 Yogi Divine Society Sadhna Mandir 1275 Marion street Des Planes, Il 60016 (847) 803-0623

- **Instructions for the Yoga session attendees**
- Bring your exercise mat or blanket
- Wear appropriate loose clothes
- Be punctual and observe discipline
- Observe silence and have prayerful mood.
- Children under six should not attend the class

Please address the Donation Check to,

**“Divya Jivan Sanskrutik Sangh”**

If you wish to have Swamiji’s Bhiksha and /or home visit, email [adhyatmatour@gmail.com](mailto:adhyatmatour@gmail.com)  
For more refer to Pujya Swamiji’s website: <http://www.divyajivan.org/>